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For more information please visit: www.caleohealth.ca

SPINE ASSESSMENT INFORMATION

CALEO HEALTH SPINE: A partnership of Spine Surgeons associated with the University of Calgary. The team also consists of; Spine Focused Physicians, Physiatrists & other Allied Health Professionals.

We are a multidisciplinary patient focused centre with a structured triage approach with emphasis on diagnostic and treatment recommendations. The triage process is designed to provide: single-site management of your condition(s), coordinate investigations and optimize care processes. We offer a continuum of care where patients are referred to the most appropriate healthcare provider for management and treatment.

Why: To address a critical delay in access to specialist and multidisciplinary assessment and management of patients with spinal diseases and injuries.

What: You have been referred for assessment with our triage team: Spine Focused Physician, Physiotherapist/Chiropractor and rehabilitation coordinators. You will not be seeing a surgeon on your first visit.

PATIENTS ASSESSED AND DEEMED APPROPRIATE FOR SURGICAL INTERVENTION WILL RECEIVE A FORMAL CONSULTATION WITH A SPINE SURGEON. *Please be aware that a referral to a surgeon does not mean you need surgery or will be offered surgery.*

Approximately 44 % of the patients assessed at Caleo Health meet the criteria of a surgical candidate. The current average wait time is approximately 18-24 Months for routine consultation with a spine surgeon

NONSURGICAL PATIENTS WILL BE PROVIDED WITH APPROPRIATE TREATMENT RECOMMENDATION(S), REFERRAL AND FOLLOW UP.

The initial visit to Caleo Health focuses on evaluating your most critical area of complaint. The goal is to provide you and your physician; the most responsible diagnosis, subsequent care pathway recommendation(s) and/or referral(s) necessary for the treatment of your spinal condition.

As part of the assessment and management process a referral to one (1) or more of the following may be necessary:

1. Investigational Studies: such as, MRI, X-Ray, CT, etc.
2. Electro-diagnostics: such as EMG or NCS studies.
3. Pain Clinic: evaluation & intervention(s) (facet: injections, nerve blocks, etc.)
4. Allied Health Professional: such as specific and specialized physiotherapy and/or Chiropractic.
5. Medical Specialist: as deemed necessary by the assessment team
6. Surgical Specialist: further consultation with a surgeon to discuss surgical options.

FEE: The fee to the patient for the initial appointment. May be submitted to your Extended Health benefits Plan for consideration of reimbursement. Invoices for non-insured services will be provided. It is the responsibility of the patient to submit invoices and discuss reimbursements with their Extended Healthcare Provider.

Follow-up visits with the spine physician are covered by most Provincial Health Plans (i.e. Alberta Health) for patients with a valid Provincial Health Number.



THANK YOU FOR ATTENDING YOUR SPINE ASSESSMENT

EXERCISE PRESCRIPTION (Rx):

After seeing the spine physician, please drop by the front reception to book a complimentary visit with a kinesiologist. This appointment must be booked within 30 days of your appointment..

The Caleo Health Kinesiologist will review the exam findings, create a personalized baseline exercise prescription tailored to your specific needs, and initiate the rehabilitation program. The kinesiologist will utilize exercise and functional movements as a treatment option, improving functional movement patterns with have a direct impact on your daily activities and quality of life.

This complimentary service is an invaluable component of your rehabilitation & recovery.

MORE INFORMATION:

If you registered online for the spine assessment you will receive a follow-up email with a summary of the information from your assessment today.

If you did not register online, please provide the front desk with an email address so we may forward the information following your assessment.

You should receive the summary email within 2-5 business days following the assessment.

Should you have any questions regarding the assessment process feel free to email spinetriage@caleohealth.ca

Should you have further medical related questions following your visit today, you will have an opportunity to book follow-up appointments with the assessing physician.

Please note; in order to provide a detailed examination, we will only be assessing the area of your back & spine that you are most concerned with. Other areas may be assessed in follow up or a new assessment may be required.

An assessment report will be forwarded to your referring physician or healthcare provider within 30 days of the assessment.

[Please read all the details regarding the spine assessment process on the other side of this page.](#)

Thank you for choosing Caleo Health Spine